

Washington University's Study Abroad Programs in Psychology

(rev. 8/2009)

I. INTRODUCTION

The Study Abroad Programs in Psychology provide majors with an opportunity to enrich their education in psychology by studying in another country. The following information should prove helpful in making clear the requirements for acceptance to a Psychology Study Abroad Program and the requirements for completion of a Psychology Study Abroad Program. Some general information is presented at the end that may answer additional questions. Application forms and questions regarding costs, housing, and the application procedure are to be directed to the Study Abroad Office in McMillan 138 [telephone: (314) 935-5958; e-mail: overseas@artsci.wustl.edu].

The answers to frequently asked questions, such as

- Is Study Abroad right for me?
- What kinds of Study Abroad Programs are offered by WU?
- Who can apply to the WU programs offered by the College of Arts and Sciences?
- When is the application due?
- How much does Study Abroad cost?
- Can I use my financial aid package for Study Abroad?
- How do I register from abroad for the classes I want to take when I return to WU?
- How do I arrange housing for my return to WU?

may be found on the Washington University International Studies webpage at <http://www.artsci.wustl.edu/%7Eoverseas/>.

II. GENERAL REQUIREMENTS

General Requirements for Acceptance to a Psychology Study Abroad Program:

- Completion of the required application and supporting materials by the due date (May 1 or February 1 for the spring and fall terms, respectively); the earlier the better.
- Completion of 9 (for fall semester) or 12 (for spring semester) units of graded psychology classes, including Psy 300 (Statistics), by the end of the month in which the application is due. If the student has received an exemption from Psy 300, there still must be 9 (or 12) units of graded psychology classes completed, and the grade from the class counting for the exemption also will be needed;
- A minimum of a 3.00 Psychology GPA (including the course used to satisfy the statistics requirement) as of the end of the spring semester in which the application is due if applying for the following spring, or as of the end of the fall semester if applying for the following fall;

- A minimum of a 3.00 overall GPA as of the end of the spring semester in which the application is due if applying for following Spring, or as of the end of the fall semester if applying for the following Fall;

All of the preceding requirements must be met before a student will be considered for acceptance to the program. Final acceptance will be based on an evaluation of the student's academic transcript, letters of recommendation, and statement of purpose. In addition, 13 units of psychology classes, including Psy 301 or 3011 (Experimental Psychology), must be completed before going abroad, and a minimum 3.00 GPA overall and in Psychology must be maintained.

Please Note: Successful completion of a Psychology Study Abroad Program results in 15 units of credit to be transferred to Washington University. Of these 15 units, a maximum of 6 from the Study Abroad Program may be counted toward satisfying the minimum requirements for a major in Psychology. Please note that these 6 units are part of the 6-unit rule in which a maximum of 6 units of transfer, cross-listed, University College, 100- or 200-level (other than Psy 100B), or Independent Study-type classes may be counted toward the major requirements.

The Psychology Study Abroad Programs are meant to enrich students' study of psychology as well as their general education. They are not meant to be a way to complete the major. With that in mind, please be aware that psychology classes taken abroad cannot be used to satisfy the distribution requirements in Psychology (i.e., the requirement of one class from each of the three core areas).

You must receive prior approval for any psychology class you are considering taking abroad. In considering possible classes, it is advisable that you list more than the minimum number so that there will be little problem should a class not be offered or you decide to switch classes. If you wish to enroll in a class for which you have not been pre-approved, then you must obtain permission from the Psychology Study Abroad Program advisors at the abroad university and at WU.

After acceptance to a Study Abroad Program in Psychology, you will be asked to indicate your preference for a research mentor at the host institution. We will try to place you with a research mentor consistent with your preference, but there are limited openings with any individual mentor and as a consequence, we might not be able to accommodate your stated preferences. In such cases, we will contact you to see if an alternative mentor is acceptable. After students have been assigned a research mentor, a list of required readings will be provided to familiarize the student with the mentor's research area. It is expected that the student will have read these articles before arriving at the abroad university.

A description of the requirements and expectations of the research assistantship is attached. As part of the research assistantship, each student must write either a literature review or research report (determined in consultation with the research mentor). The research mentor will determine what, if any, additional written work is required. The literature review/research report must be written following APA format, and the main body of the text (from the page after the abstract to the page before the references)

should be at least 10 pages long. Literature reviews should be written like articles in *Psychological Bulletin*, and research reports should be written like articles in one of the experimental psychology journals (i.e., like your final independent research paper for Psy 301/3011).

The literature review/research report must be turned in to the Washington University Psychology Department's Study Abroad Coordinator before transfer credit for the assistantship will be awarded. For those students studying abroad in the fall semester, the paper must be submitted by February 1; for those students studying abroad in the spring semester, the paper must be submitted by October 1.

Additional General Information:

Decisions regarding the award of transfer credit for non-psychology classes taken abroad (and determination if they may count for other majors, minors, or distribution requirements) are made by the appropriate WU department or the Dean's Office.

Evaluation of the courses and appropriate transfer of credits is not done until after we receive the official transcript from the abroad university. Upon receipt of the official transcript, an evaluation of the record will be made and appropriate credits awarded. Please understand that this may take awhile because of the time involved in receiving the transcript, processing it, and then sending it to the appropriate departments for their evaluation and on to the Dean's Office for recording.

As part of the evaluation, you are required to bring all materials from your classes abroad so that a determination of their equivalency to WU courses can be made and appropriate credit assigned. That is, be sure to bring back all syllabi, course descriptions, papers and written assignments (or copies), along with materials handed out in class. Please remember that copies of the literature review/research report must be provided to the Washington University Psychology Department's Study Abroad Coordinator by the required deadline and before transfer credit will be granted.

The actual grades received from the host school do not transfer to your academic record at Washington University, but you should bear in mind that if you apply to graduate or professional school, official transcripts will be required from both Washington University and the abroad university (as well as any other schools where you have studied). Thus, even though the grades from abroad do not show on your WU transcript, professional and graduate schools will see the grades on the foreign transcript.

During the time you are abroad, and until the evaluation and transfer of credits is completed, your academic record at Washington University will show registration for 12 units of L99. This serves as a placeholder to maintain your status as a full-time student. The actual number of credits transferred will be determined after receipt and evaluation of the official transcript from the abroad university (see above).

All questions regarding housing, costs, additional requirements, when transfer credits will show on your transcript, etc., are handled through Overseas Programs in the Office of International Studies (phone: 935-5958; e-mail: overseas@artsci.wustl.edu).

Students interested in pursuing a Study Abroad Program must make an appointment with the Psychology Department's Coordinator for Study Abroad, Dr. Joel Myerson (room 415A; jmyerson@wustl.edu), who must approve the application and proposed classes prior to the application deadline.

III. UNIVERSITY OF QUEENSLAND

This program is coordinated by Dr. Joel Myerson (room 415A; jmyerson@wustl.edu) in the WUSTL Department of Psychology.

Founded in 1910, the University of Queensland is one of the best research-intensive state universities in Australia. Students may apply to study at the University of Queensland for the fall or the spring semester of their junior year. The University of Queensland's website is <http://www.uq.edu.au/>

Most of the classes at UQ are listed as 2 units. These classes typically meet for 2 hours of lecture per week plus 2 hours of lab/discussion. The general Washington University policy is to grant 3 units of WU credit for each appropriate and successfully completed 2-unit UQ class. Students in the Psychology Study Abroad Program must enroll in 10 units of UQ courses (successful completion of which will earn 15 WU units). Of the 10 UQ units, 6 must be in psychology courses and 4 in non-psychology courses. Of the 4 units of non-psychology courses, 2 units must be in an approved course that is directly related to Australia.

Classes at the University of Queensland are graded on a scale from 1 to 7, with 7 being the highest grade. Although the actual grades do not transfer to your academic record at Washington University, you must earn a grade of 4 or better in a course to receive WU credit.

Of the 6 units of psychology courses, 2 units will be for the required research assistantship. The student will enroll in PSYC 3991, Research Practicum. PSYC 3991 is a 2-unit course, and marked as pass/fail by the supervisor, who in turn passes the mark on to the course coordinator at UQ. Students are expected to do roughly 10 hours of satisfactory work per week to obtain a passing grade. In addition, the student also must write a reflective log, write the required literature review/research report, and attend the weekly meetings of the brown bag/seminar that has been developed especially for the WU psychology students. Absences from these meetings or failure to turn in the required written materials to the research mentor and the Washington University Psychology Department Coordinator will result in a failing grade for the Research Practicum.

In order to accomplish the goals of the Research Practicum:

- Students are expected to devote 10 hours per week for at least 12 weeks to aspects of the research. This includes working in the laboratory, attending laboratory meetings, meeting with the supervisor, and reading materials related to the project.

- In order to fulfill the educational goals of the program, it is important that students be exposed to a variety of activities. In many cases, it is not appropriate for students to be directly involved in all aspects of the research process (e.g., in testing or interviewing participants and in conducting data analyses). However, students should be familiarized with most aspects of the research endeavor. For instance, they may be taken through the procedure, perhaps by serving as a pseudo-participant, as a pseudo-experimenter, and/or having the procedure and its rationale explained to them. Readings are to be allocated to assist the student in understanding the research.
- The student should meet with the supervisor at the beginning of the semester and establish what is expected from each side. The student should be informed as to the project(s) on which he or she is to be involved and in what capacities he or she will be involved.
- The form of the assessment may vary from student to student, at the supervisor's discretion. Papers, presentations, and/or discussions of material learned are all possibilities. However, to ensure that the student is exposed to a variety of activities, the assessment must include a reflective log of the student's participation in the research activities and a literature review or research report. The supervisor should meet with the student to discuss the reflective log or report for at least one 30-minute session per fortnight. In this way, the supervisor can easily monitor the quality and variety of the student's exposure to research-related activities. The reflective log can include brief summaries and commentaries on background reading and/or library activities. A literature review or research report is expected as part of the Research Practicum, and students are allowed some time from their 10 hours per week quota to complete this requirement, although it is understood that the writing of this paper certainly will entail additional time. A copy of the reflective log and the literature review/research report also must be turned in to the Washington University Psychology Department's Study Abroad Coordinator by the required date in order for transfer credit for the assistantship to be awarded.

Faculty expectations regarding assessment of performance should be outlined to students at the beginning of the semester.

IV. UNIVERSITY OF EXETER

This program is coordinated by Prof. Leonard Green (room 415B; lgreen@wustl.edu) at the WUSTL Department of Psychology.

The University of Exeter, one of Great Britain's top-rated research universities, is located in Exeter, UK, a little more than 2 hours from London by train. The University of Exeter's website is: <http://www.ex.ac.uk>.

Students may apply to study at the University of Exeter for the spring semester of their junior year.

The Study Abroad Program at the University of Exeter requires students to enroll in and complete 60-65 credits (which then will transfer as the equivalent of 15 Wash U units). Of these, 30-35 will be in psychology, and the remaining 30 will be in non-psychology

classes. You must enroll in Psy 3103, Research Skills (10 credits). This will be the research assistantship required of all our Psychology Study Abroad students. Satisfactory completion of the research assistantship in a psychology laboratory under the guidance of a faculty mentor, and the completion of a written literature review or research report (to be determined in consultation with the research mentor) are also required. For information and application forms, contact our Study Abroad Office, located in McMillan Hall, Room 138 (935-5958).

Program of Study at the University of Exeter:

Students will take a total of 30-35 credits of modules in the School of Psychology and a further 30 credits in another School or Schools in the University. Additional detailed information can be found on: <http://psynet.ex.ac.uk:8200/ug/>

All Washington University Study Abroad students are required to register for the PSY3103, Research Skills module (credit value is 10 units) in the School of Psychology. This is the required research assistantship. In addition to their work in the laboratory, students must write a final research paper to be turned in to their research mentor at Exeter (who may have additional written requirements). After returning to Washington University, a copy of the research paper must be given to the Psychology Department's study-abroad coordinator by October 15.

In addition to PSY3103, students also must register for one 10-credit Level One module plus a 10-credit Level Two module OR one 25-credit Level Three module. Some of the classes in these categories that have been offered in the past are listed below. For a listing of classes, go to: <http://www.ex.ac.uk/psychology> .

Level One modules:

PSY1118 Perception
PSY1121 Human Cognition
PSY1122 Evolution of Behaviour
PSY1124 Social Psychology I

Each of the Level One modules has a co-requisite module. The academic work you have completed at Washington University, however, will substitute for this co-requisite.

Level Two modules:

Students will attend one of the Level Two lectures or practical courses and write two essays of 2000-2500 words or one practical report of 2500 words.

Level Two lectures (second year) that can be taken (each 10 credits) might include:

- PSY2023 Learning & Memory
- PSY2025 Animal Cognition & Behaviour
- PSY2027 Language & Thought
- PSY2028 Personality & Individual Differences

Practicals:

- PSY2017 Cognitive Science Practical
- PSY2020 Ethological Methods (Field trip to Lundy in April)

Each of these Level Two courses has pre-requisites and some have co-requisites. Work that you have completed at Washington University, however, may substitute for these pre-requisites and co-requisites.

Level Three courses that have been offered in the past:

Level Three (final year) courses that can be taken (each 25 credits) might include:

Students will attend one of the seminar courses listed below and write one essay of 4000 words associated with this course and sit for a 3-hour examination in May/June.

- Group 1: Social, Economic and Developmental Psychology
 - PSY3201 Social Interaction
 - PSY3202 Social Psychology in Organisations
 - PSY3204 Psychology and Law
- Group 2: Cognitive Psychology
 - PSY3210 Brain and Communication
 - PSY3212 Cognitive Neuropsychology
 - PSY3214 Brain and Mind
- Group 3: Clinical and Comparative Psychology
 - PSY3216 The Family and Intimate Relationships
 - PSY3223 Cognitive-Behavioural Approaches to Depression
 - PSY3226 Psychology of Gender

Level 3 courses are seminars that are not unlike 400-level classes at Washington University. The following are the recommended pre-requisites for each Level 3 class. Other classes potentially may substitute for the listed pre-requisites. Should you have any questions about your preparation for a Level 3 class, speak with the WU tutor.

- PSY3201: Social Interaction
 - Pre-requisite, Psy 315 (Social)
- PSY3202: Social Psychology in Organisations –
 - pre-requisite, Psy 315 (Social)
- PSY3204: Psychology and Law –
 - pre-requisite, Psy 315 (Social) or Psy 354 (Abnormal), and at least one other core psychology class
- PSY3210: Brain and Communication –
 - pre-requisite, Psy 360 (Cognitive) or Psy 3604 (Cognitive Neuroscience) or Psy 3041 (Biological Psychology) or Psy 433 (Psychology of Language)
- PSY3212: Cognitive Neuropsychology –
 - pre-requisite, Psy 360 (Cognitive) or Psy 3604 (Cognitive Neuroscience) or Psy 4001 (Introduction to Neuropsychology)

- PSY3214: Brain & Mind
 - pre-requisite, Psy 360 (Cognitive) or Psy 3604 (Cognitive Neuroscience) or Psy 3041 (Biological Psychology)
- PSY3216: The Family and Intimate Relationships –
 - pre-requisite, Psy 354 (Abnormal) or Psy 357 (Clinical)
- PSY3223: Cognitive-Behavioural Approaches to Depression
 - pre-requisite, Psy 354 (Abnormal) or Psy 357 (Clinical)
- PSY3226: Psychology of Gender
 - Pre-requisite, Developmental Psychology Or Psy315 (Social) or equivalent subject specific study

V. UNIVERSITY OF SUSSEX

This program is coordinated by Prof. Leonard Green (room 415B; lgreen@wustl.edu) at the WUSTL Department of Psychology.

The University of Sussex, one of Great Britain's top-rated research universities, is located outside Brighton, England, just under an hour from London by train. The website for University of Sussex's website is <http://www.sussex.ac.uk/>.

Students may apply for the spring semester of their junior year.

The Study Abroad Program at the University of Sussex requires completion of both their spring and summer terms. The student must enroll in 72-78 units (which then transfer as 15 WU units). On occasion, a student may be permitted to enroll in 84 units (and receive 16 units of transfer credit.) Of these, 48-54 units will be in psychology and the remaining units will be in a non-psychology class. Also required is the satisfactory completion of a research internship in a psychology laboratory under the guidance of a faculty mentor, and the completion of a written literature review or research report (to be determined in consultation with the research mentor).

For information and application forms, contact our Study Abroad Office, located in McMillan Hall, room 138 (935-5958).

For the Psychology Study Abroad at Sussex University, the student is required to complete the following:

Research Internship for Washington University: 18 credits (across both spring and summer terms)

Independent Study course: 6 credits (summer term)

In addition to the two preceding mandatory courses, a minimum of 30 additional credits in Psychology are required:

Two, minimum 15-credit, Level 2 or 3 courses, such as:

Economic & Consumer Psychology

Psychological Perspectives on Self & Identity

Social and Cultural Explanations

Psychobiology of Cognitive Aging & Dementia
Psychology of Appetite
Developmental Psychology
Clinical Psychology
Organisational Psychology
Art as Psychology

Of the remaining credits, the student will take a non-Psychology subject in order to give the student a broader academic experience. Typically, the Arts subjects run 18-24 credits. If the student were to enroll in a 36-credit class, then a total of 16 units (instead of 15) will be transferred.

For the research internship, the students will be asked to look at the research descriptions on the faculty web-list in Psychology:

http://www.sussex.ac.uk/psychology/academic_faculty.html

and provide three members of faculty in order of preference. In addition, a small number of faculty have shown particular interests in supervising one of the students, and have provided details of specific research projects which may be of interest. The students accepted for the Study Abroad Program will be e-mailed this information.

Students will be requested to provide their research mentor preferences by a given date.

A final research paper must be written, a copy of which must be provided the Washington University Psychology study-abroad coordinator for evaluation. The research mentor at Sussex may have additional written requirements, as well. The paper must be submitted to the Washington University Psychology Study Abroad Department Coordinator by October 15.

All Psychology Study Abroad students are required to complete a research assistantship. More specifically:

- Students are expected to devote 10 hours per week to aspects of the research. This includes working in the laboratory, attending laboratory meetings, meeting with the supervisor, and reading materials related to the project.
- After being assigned a research mentor, the student will be given a list of papers that s/he is to have read before arriving at the abroad university.
- In order to fulfill the educational goals of the program, it is important that students be exposed to a variety of activities. In many cases, it is not appropriate for students to be directly involved in all aspects of the research process (e.g., in testing or interviewing participants and in conducting data analyses). However, students should be familiarized with most aspects of the research endeavor. For instance, they may be taken through the procedure, perhaps by serving as a pseudo-participant, as a pseudo-experimenter, and/or having the procedure and its rationale explained to them. Readings are to be allocated to assist the student in understanding the research.

- The student should meet with the supervisor at the beginning of the semester and establish what is expected from each side. The student should be informed as to the project(s) on which he or she is to be involved and in what capacities he or she will be involved.
- The form of the assessment may vary from student to student, at the supervisor's discretion. Papers, presentations, and/or discussions of material learned are all possibilities. In addition to any other requirements, a literature review or research report is expected as part of the assistantship. It is to be understood that the writing of this paper certainly will entail additional time beyond the 10 hours a week on the research. A copy of all written requirements (e.g., the literature review/research report) also must be turned in to the Washington University Psychology Department's Study Abroad Coordinator before transfer credit for the assistantship and study abroad seminar will be awarded.

VI. UNIVERSITY OF HAIFA

This program is coordinated by Prof. Leonard Green (room 415B; lgreen@wustl.edu) at the WUSTL Department of Psychology.

The Department of Psychology at the University of Haifa is one of the leading research departments at the University of Haifa and in Israel. The Department of Psychology at Washington University and the International School of the University of Haifa have joined forces to create the *Honors Program in Psychology*. Students may apply to study at the University of Haifa for the fall or the spring semester of their junior year. <http://www.haifa.ac.il/index.html.en> .

The Honors Program in Psychology consists of a Psychology Honors Seminar, psychology elective courses, and an individualized directed-research project. Students in the Psychology Study Abroad program must complete both the honors seminar plus one of the psychology elective courses. In addition, they must complete a non-psychology, approved class, and also must undertake an approved research mentorship/assistantship with a faculty member to work on a research project or complete an approved psychology-related internship. The student is required to complete a research paper for the assistantship or for the internship, as well as any additional requirements of the research or internship supervisor. Students may enroll in Hebrew or Arabic language classes during the academic semester (not mandatory), although such classes do not fulfill the requirement of one approved, non-psychology course, and can choose to attend an Intensive Hebrew Ulpan either before or after the semester.

Psychology Honors Seminar

In the Psychology Honors seminar, students will read papers that cover a broad range of research questions in psychology as applied to the special context of Israel. Examples include child rearing on the kibbutz, intergenerational transmission of the holocaust trauma, and adjustment of adolescents to the military. Through the seminar, students will deepen their understanding of select issues in psychological research as well as important aspects of the Israeli society. Students also will be required to select a topic that links psychological research to Israel and present a paper in class. This seminar is the

centerpiece of the Honors Program in Psychology and only Honors Psychology students can participate.

Research Project

The individualized project allows students to participate in guided reading or guided research projects in an area of interest to them under the supervision of University of Haifa faculty either from the Department of Psychology or from other psychology-related university departments (e.g., Education and Social Work). In the context of this course, students can design their own research projects or work with faculty on an existing project. They can also become involved in a guided reading project on a topic of interest to them. In either case, a final paper that summarizes the student's work is required.

In addition, the Department of Overseas Studies offers elective psychology courses each semester. Honors Program students are required to complete at least one of these courses. These additional psychology courses vary each semester.

For additional information:

International School of the University of Haifa:

www.uhaifa.org

Honors Program in Psychology:

<http://overseas.haifa.ac.il/page.asp?id=53&a=a3&b=b1>

Complete course catalogue:

<http://overseas.haifa.ac.il/courses.asp>

Courses offered in the past:

DRUGS, SOCIETY AND BEHAVIOR

702.2160.01.A Fall Semester

3 hours, 3 credits, L+E

This course is concerned with the chemistry of behavior with particular reference to the study of behaviorally active drugs. We will examine behavior drug action from the perspectives of theory, laboratory studies, use in clinics, and the recreational aspects of drug use and their social and ethical significance. The course will build on what is currently known about the effects of drugs on behavior and also on the processes of discovery and research. The course includes lectures, laboratory demonstrations, field trips, class discussion, and student presentations.

THE PSYCHOLOGY OF CONFLICT

702.2158.01.B Spring Semester

3 hours, 3 credits, L+E

Conflicts pervade human life, encompassing the play of opposing interests. The course will examine the psychological dynamics associated with the processes and consequences of conflict. We will ask how do people understand, explain, and respond to the various conflicts that comprise their reality: internal, inter-personal, and inter-group struggles over resources and power. Cognitive, affective, and motivational processes will be presented and discussed in the context of different philosophical, spiritual, and scientific

explanations. We will explore the moral, political, and cultural dimensions of conflict as they shape the identity of individuals and groups, and in particular inspect the role of conflict and peace education. Special attention will be given to the conflicts that divide Israeli society along ethnic, religious and national lines. This course is open to the students in the Honors Program in Peace & Conflict Studies and the Honors Program in Psychology only and to other students by permission.

DIRECTED READING / RESEARCH IN PSYCHOLOGY

702.3850.01.A - Fall Semester 702.3850.01.B - Spring Semester

4 hours, 4 credits, F/P, Open to Honors Psychology Program Students Only

These courses are designed to support the independent research interests of students in psychology to cover specific areas that are not necessarily apart of their regular degree programs. These courses are particularly suited to students interested in inter-disciplinary applications of psychology.

Directed Reading focuses on a reading list jointly developed by the student and his/her faculty advisor. The student will meet periodically with that advisor to discuss the readings. At the end of the semester, the student will write a detailed and integrated review of all the material covered.

Directed Research lets students become actively involved in an on-going research project of a faculty member in the Department of Psychology, or students may propose their own research idea. Students will be involved in all central components of the research process: development of stimulus materials, experimentation, and coding and analyzing data. At the end of the semester, students will be required to write a report on their research project.